

Slushy Strawberry Smoothie Recipe



Ingredients:

4 large strawberries
1 tsp of sugar
1/2 cup of whole milk
1 cup of ice cubes

Directions:

Blend strawberries with milk on low speed till well smooth, than add ice cubes and blend on high. Add sugar and blend on high speed for about 1 minute. The texture should be slushy and smooth.